



West Zone Handball Women's Tournament

The Sports Board (Dept of PE), IIS (deemed to be University) organised a five-day West Zone Inter University Handball (Women) Tournament 2021-22 in collaboration with Association of Indian Universities, New Delhi from 8 -12 March 2022. The tournament which had 56 entries and saw 43 teams participating was held in hybrid mode, as some matches were organized on IISU grounds while others were organized at SMS Stadium simultaneously in the form of

league and super league matches.

The final match was played between IIS University, Jaipur and University of Rajasthan in which IISU bagged the winner's trophy. Manisha Prajawat, player of IISU Handball team scored 46 goals and was awarded 'Most Goals Scored' Trophy in the Closing Ceremony. The valediction ceremony was held at IIS (deemed to be University) grounds.



State-Level Shooting Championship



Dr Himangini Rathore, Head of Psychology Department bagged fourth place in the competition.

Our 1st year student Manvi Soni bagged the first prize at 64th National Shooting Shotgun Championship in Double Trap Competition held in Patiala. She won a Gold Medal in the Junior Championship and a Silver Medal in Senior Individual Competition.

International Day of YOGA



The University's Department of Physical Education, Sports Board, NCC & NSS Units of the University, celebrated the 8th International Yoga Day on 21 June 2022, promoting a healthy body and mind. Ms Janki Pareek, Yoga instructor at the University, led a total of 106 students as well as a number of faculty members in performing various Yoga asanas. The session ended with the Hasya Yoga and chant of the Gayatri mantra.

Self-Empowerment a Surer Path to Self-Development

Women's empowerment in India has been gaining traction these days. In this new era of #metoo, women are no longer dwelling in prolonged silences. Those who were not vocal in the past have transformed into courageous women and have started coming out with their own stories. This movement has enabled the question of "Are women truly empowered?" to trend in India along with the other nations of the world.

India with a current female population of 48.4% (with men at 51.6%) is on the threshold of growth and women have a big role to play when it comes to the economy. Indian women are still fighting patriarchy and gender inequality. The need for inclusivity of women is also of paramount importance when it comes to the job market in India.

If it is top positions and decision-making power that the urban women are fighting for in the corporate world, the rural women still have to battle for their freedom, basic amenities, and equal opportunities. The literacy rate of the adult male population in India is 80.95% whereas that of the female population is a disappointing low of 62.84%.

Women in rural India lack basic formal education and are mostly dependent on their husbands for financial support which they lack for the majority of their lifespan. Apart from that, women in rural India are prone to more domestic abuse and violence than their urban counterparts.

Education is the initial line of defense for women who withstand life-imperiling circumstances that traditional lifestyle perpetuates. It motivates a sense of supervision over personal fortune. In addition to this, it unlocks the door to preferences that are not confined by tradition. With a meaningful education, the women's status strides beyond the restrictions of motherhood. Advancement in education, for women and girls, allows for their marriage to be postponed and ensures constriction in the volume of their families.

Priority should be placed on enrolment along with retention of the girl child in basic formal schooling and non-formal education via incentive methods such as a supply of textbooks free of cost, midday meals, school

bags, science kits, uniforms, scholarship, residential and hostel facilities, as well as the expulsion of gender discrimination in the curriculum. Education will go a long way in familiarising women with their legal and personal rights and make them fight for their privileges, which will lead to protecting their rights mentioned in the Constitution.

Mass Media is Bringing the Transformation- The mass media is responsible for playing a significant function to project and propagate associated issues, most specifically about women empowerment in India. The numerous programs on women's prestige revealed how mass media enabled the husband to behave toward his wife with proper honor and respect. He can remake his attitude and assist her in the domestic domain to reduce stress and anxiety. Mass media performs a crucial role in repairing the attitude and manner of conversation of husbands and other family members toward women.

Steps Regarding Implementation of Women Development Programme along with Numerous Acts- Training programmes based on action in the village or rural parts of India along with vocational programmes and the growth-oriented entrepreneurship development programmes, must be organized to make women self-reliant after becoming self-employed by enhancing their efficiency and capacities in making prompt decisions. It's extremely important to check cases related to female feticide & infanticide by prohibiting the sex determination

of a child that is yet to take birth via the Regulation & Prevention of Misuse Act 1994 as well as PNT ACT (Pre-natal Diagnostic Techniques Act) and other rulings correlating to marriage, succession, divorce, adoption, dowry and moral safety or protection against sexual harassment needs to be implemented for serving the goal of women empowerment in India.

Changes in Women's Attitude- Women should empower themselves by becoming aware of their oppression, indicating initiative, and undertaking chances to bring a shift in their status. Empowerment must come from within the soul. Women need to empower themselves by bringing a major change in their attitude.

Women must know that opportunities will not reach their laps. They would have to determine ways to create them. They should fight back to rebuild their prominent position in Indian communities and society at large. They must work hard to ensure their rights and maintain justice & equality in society. They need to work vigorously for the elimination of poverty, dowry-ills, illiteracy, and the productive implementation of all programmes and laws related to women.

Women's empowerment is valuable for the development and advancement of the family, community as well as nation. Hence, it must be a leading concern of the Indian Government to bring women to the fore of the development strategy by empowering them via numerous development-oriented schemes.

ECO AWARENESS CAMPAIGN



The Discipline of Environmental Science & Eco-Friendly association of the University organized Eco Awareness Campaign cum Poster Exhibition on 14 May 2022 in University Premises.

MoU WITH IWC



The University has signed an MoU with an NGO, Indus Wellness Code Trust, Jaipur, for undertaking collaborative activities to Educate, Inspire, Empower and Impact individuals and communities by cracking their wellness code through addressing the various dimensions of wellness.


OUR STUDENT-ACHIEVERS

The University is delighted to announce the achievements of our students. Congratulations to :


Congratulations!

for Securing 3rd Position in Nationwide Quiz Contest on Official Statistics

Anvesha 2022
Organised by Field Operations Division
National Statistical Office Jaipur
on 27th June 2022



Aneesh Jain
MA - Economics



Pragya Pathak
M.Sc. - Statistics



TANYA SINGH



for Securing III Position in Asia Youth Beach Handball held in Bangkok



Congratulations

for Securing **84TH RANK IN IFS 2021**

PARIDHI VARMA
Civil Services Preparatory Classes



Congratulations

for Clearing **ASSISTANT CONSERVATOR FOREST (ACF) 2021**

ZEHLA SHERWANI
Civil Services Preparatory Classes

Congratulations

for Clearing **RAS PRE 2021**



Heeral Meena



Komal Mittal

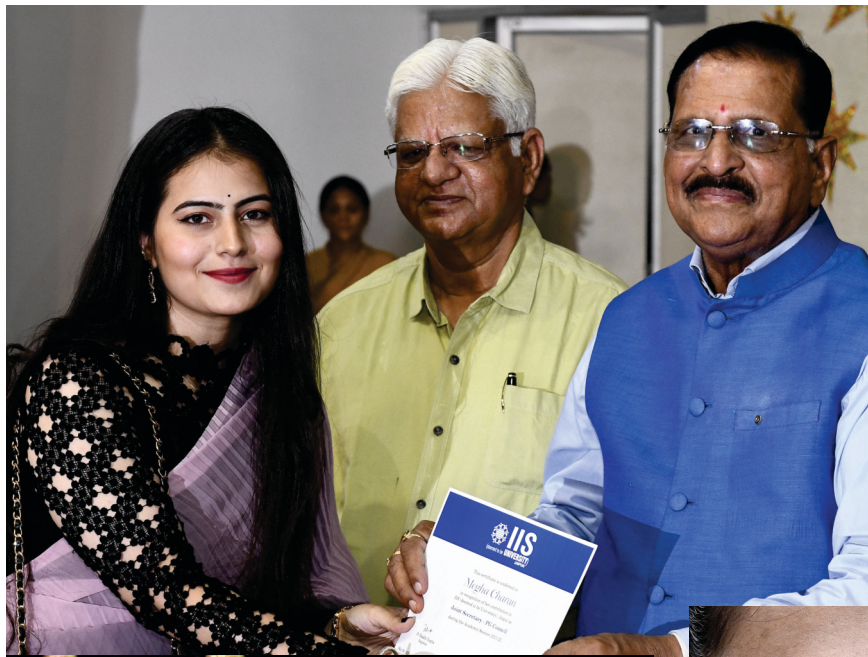


Meenal Singh

Civil Services Preparatory Classes

Glimpses of Aashirwad

CULTURAL EVE CUM
SENDOFF CEREMONY 2022



FACULTY DEVELOPMENT PROGRAMME

The Department of Fashion and Textiles organised a Faculty Development Programme from 22-26 February 2022 in 2 slots at Weavers Service Centre, Kamdhenu Commercial Complex, Jaipur. 3 faculty members participated in the event. The topics covered were handspun yarn, natural dyeing, handloom weaving- Kota doria, Banarasi brocade etc.



WINS UNIVERSITY

Online SPORTS JOURNALISM SEMINAR

"Why NOW is the time to be a Women in News and Sport"

1 JUNE 2022 AT 1:00 PM ON ZOOM PLATFORM



Prof. Karen Shrosbery
WINS Program Manager



Ms. Rica Roy
NTDV 24x7 Sports Editor



Ms. Prarthana Hazarika
Prasar Bharati Sports Commentator



Prof. Smita Mishra
Sports Kreedha Editor

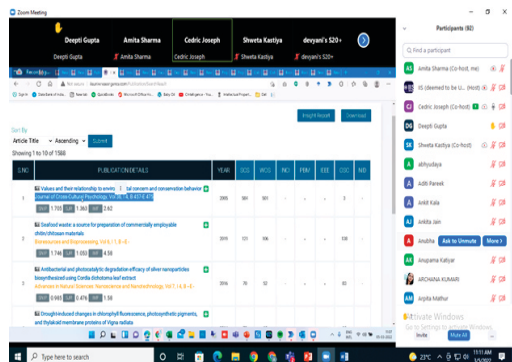
An Online international Seminar was organised on 1 June 2022 by the IISU Sports Board in collaboration with WINS – An Australian Broadcasting Corporation Initiative on the topic "Why NOW is the Time to be a Woman in News and Sports", via the Zoom platform. The speakers included Prof Karen Shrosbery, WINS Program Manager; Ms Rica Roy, NDTV 24x7 Sports Editor; Ms Prarthana Hazarika, Prasar Bharati Sports Commentator, and Prof Smita Mishra, Sports Kreedha Editor. The seminar aimed at discussing India's media landscape as well as the challenges and opportunities of being a female sports journalist today.

THEATRE FESTIVAL

IISU Theatrical Society organized a 2 Day Theatre Festival for the students of the university from 14 to 16 May 2022 in Aditya Hall. During the festival 02 plays were staged, namely 'Palimpsest' by students of the COSD Advanced Diploma course and 'Aashad Ka Ek Din' by students of the COSD Diploma course. The plays were well received by an interested and enthusiastic audience.



Orientation Session on Researgence



The IQAC organised an Orientation session on 'How to access and use Researgence platform' for the faculties & research scholars of the University on 5 March 2022 on Zoom platform. The resource person of this session was Mr.

Cedric Joseph, CEO, Cintelligence PVT Ltd. He trained the faculties & research scholars of the University on maintaining their research profiles on the Researgence platform. Mr Joseph introduced the platform's ability to auto-capture publications from online sources such as Scopus, Web of Sciences, Google Scholar, etc.

IISU Library Organised Book Exhibition



The IISU Library organised a Book Exhibition from 7- 15 March 2022 on account of International Women's Day. The library displayed books on world famous

women, books related to women's social, cultural, industrial and political space, books by women authors, magazines and journals in the Women's Studies section.

A session of the Fat to Fit Program: Obesity Management and Reversal

A session of the Fat to Fit Program: Obesity Management and Reversal was organized by the University in collaboration with Indus Wellness Code Trust on 8 May 2021 via the Zoom platform. The focus of this session was Sleep Management from a Psychological and Yogic perspective. Moderated by Dr Rashmi Jain, Laughter Yoga

Ambassador, the speakers invited for the event were

GUEST SPEAKERS



Sneha Vashisht
Internationally Certified
Psychotherapist & Psychologist
MBCT & CBT Practitioner



Sharad Kamra
Art of Living Facilitator
Certified Level - 3 Yoga Instructor &
Evaluator, Ministry of Ayush



Moderator
Dr. Rashmi Jain
Gynecologist &
Laughter Yoga Ambassador

ere Ms Sneha Vashisht, Psychotherapist and Psychologist

hologist; as well as Mr Sharad Kamra, Art of Living Facilitator, Yoga Instructor and Evaluator, Ministry of Ayush. The session helped attendees to understand the connection of obesity and sleep disorders, develop a good Sleep Hygiene and experience the power of yoga for Obesity Reversal and deep sleep.